



May 31, 2016

Angela Carpenter
Annapolis Defense & Security
1424 Odenton Rd. #2B
Odenton, MD 21113

Dear Ms. Carpenter,

What a great experience our girls had with your program "Fight Like A Girl". This was the first time we had ever had a program like this at our school. When I was making the announcements for it I heard from many girls, they wanted to attend, in the end we had a small group but it was just as effective. I am grateful to you and your instructors for coming even with a small number. This speaks volumes about how important your group takes these classes.

The instructors were kind, professional and honest with our students. In the classroom instruction the girls were really informed about how to stay safe, and taught about dangers they had not thought of before. I was at first a little nervous because the girls were mostly sophomores and juniors but in the end it was really eye opening for them. While many of the situations discussed were about college the girls were able to recognize how this happen to them in their daily lives now.

I look forward to running the program again in the fall. Thanks again for all you do!

Warm regards,

Megan Bowers
Director of Guidance